## In The Abstract

Please amend the Abstract as follows:

## **Abstract of the Disclosure**

Bicycle Bar Grip

The bicycle bar grip—according to the invention, particularly for touring bikes, mountain bikes and the like, comprisinges a sleeve (10,45) for being slipped onto a bike handlebar—(12). A grip element—(16) is joined to the sleeve—(10,45) and extends over a portion of the length of the sleeve. The sleeve—(10,45) also comprises a clamping area—(18) and a sleeve slot—(30). A holding bar end extension—(22) is arranged in the clamping area—(18) via a elamping means—(20)clamp. According to the invention, tThe grip element—(16) has a supporting portion—(32), which is provided for supporting a palm of the hand and which preferably transitions into a holding portion—(34). The supporting portion—(32) ensures that a cyclist, when changing his/her grip from the grip element—(16) to the holding bar end extension—(22) or vice versa, can be supported on the supporting portion—(32) for turning the palm of the hand. This ensures that the cyclist, also when changing his/her grip, does not lose contact with the inventive bicycle handlebar grip and a sure hold by the cyclist is ensured.

(Fig. 1)